

SHIKAKE WAZA & OJI WAZA

USING SEME	REINFORCING SEME	USING DEBANA	OJI GEIKO
The kakari te closes in to make an attack using a variety of approaches	Kakari te starts with seme. This is ineffective so they apply further pressure.	Kakari te entices the Motodachi to advance or retreat. Cut as the opponent moves in or out.	Each attack should start with seme by the motodachi. The whole set must be done with a feeling of continuous mind contact
Half kiri kaeshi	Half kiri kaeshi	Half kiri kaeshi	Half kiri kaeshi
Nodo seme Haya men	Harai men	Debana men	Seme Men<Harai Kote
Nodo seme Haya kote	Harai otoshi men	Debana kote	Seme Men<Harai Men
Ura seme Haya men	Harai harai men	Debana harai men	Seme Men<Kaeshi Do
Nodo seme, dip under, Haya men	Harai kote (ura)	Debana osae men	Seme Men<Suriage Kote
Kobushi seme haya kote	Osae men	Seme hikibana men	Seme Men<Suriage Men
Kobushi seme haya men	Osae kote	Seme hikibana kote men	Seme Kote<Kote Men
Kobushi seme ura kote	Makiotoshi men	Seme hikibana kote do	Seme Kote<Suriage Men
Kobushi seme tsuki	Makiotoshi kote	Seme hikibana men do	Kote Men Taiattari Hiki Kote>Oji Kote men
Hidari mei seme do	Harai tsuki	Seme hikibana tsuki	Kote Men Taiattari Hiki Do>Oji Men
			Tsuki<Suriage/Suriotoshi Men
Half kiri kaeshi	Half kiri kaeshi	Half kiri kaeshi	Half kiri kaeshi

- ˘ For more advanced kendoka (who have achieved the SHODAN grade). The basics are put into dynamic practice.
- ˘ Zanshin and mind contact are maintained throughout.
- ˘ There must be strong kiai and kakegoe and the breathing must be held under strict control.
- ˘ In Oji Geiko the kakari te should keep good posture and attempt to avoid being hit by any of the Motodachi's attacks.
- ˘ The 'T' form practice may be used for polishing and perfecting these waza.